

Consent to treatment of dilated capillaries, with short wave diathermy

The treatment involves a fine hair like needle applied to the capillaries. This needle conducts an electrical current causing the blood in them to clot and the vein to heal closed. The sensation is of a hot prick. Local anaesthetic cream will be used to reduce any discomfort. Immediately after the treatment, the appearance of the capillaries will be much improved. The treated area will be red and there may be some local swelling which usually subsides within 24 hours.

It is not unusual to develop small scabs at the treatment site. These should be left alone and will fall off during the course of the next 7 days. These scabs will look similar in appearance to bramble scratches.

During the next two weeks the treated capillaries may appear to recover and may look more noticeable than before - this is a normal part of the healing process. Gradually they will fade again. The success of the treatment can be judged at 4-6 weeks. A follow up appointment is recommended at this time should further treatment be required.

After the treatment

- Do not touch the treated area for 4-6 hours;
- Do not stretch the treated skin;
- Make-up should not be applied in the first 24 hours;
- Avoid the use of any potentially irritating skin care in the first 48 hours;
- Do not pick or scratch the area, in particular do not scratch any scabs that form;
- Avoid rigorous nose blowing for several days;
- Avoid energetic exercise or swimming for 48 hours;
- Protect the skin from the sun with SPF 30+ sun screen;
- Use the after care cream as advised;
- Apply cool compresses at home to reduce any swelling or discomfort.

I understand the information given and have had the opportunity to have all my questions answered to my satisfaction.

The risk of blistering, scabbing, swelling, pigment changes, infection and scarring have been explained. I agree to follow the after care advice which I understand will reduce the risk of any potential complications.

I also consent to my pictures being used by Dr S. Foutsizoglou's website, presentations and medical education.

Yes

No

Signature _____

Date _____

Print name _____

Signature _____