

Skin Analysis Chart

Skin type	Appearance	Pore Size	Elasticity	Feel	Visible Texture	Muscle Tone	Sebaceous Gland Activity
Normal	Velvety, matte, good pigmentation, healthy pink glow	Small	Very good	Supple, cushiony, neither too oily, too dry or too moist	Fine grained, soft and smooth	Very good	Neither too active or too slow
Dry	Can be smooth, often flaked, wrinkled or parched, fine grained	Very fine with no visible open pores	Poor	Tight, tends to become roughened in harsh weather	Coarse surface, fine grained texture	Average to poor depends on age	Insufficient
Mature	Lined and wrinkled, sallow with lack of pigment	Usually fine; if greasy skin when young, pores sizes enlarge	Lacking or relaxed	Somewhat dry	Coarse surface, fine grained	Poor relaxed and limp	Deficient
Sensitive	Network of dilated arterioles on cheek area, thin epidermis	Usually small	Average, dependent upon which skin condition it accompanies	Usually smooth	Fine grained	Average	Dependent upon which skin condition it accompanies
Oily Greasy	Thick granulated structure, shiny, sallow, prone to comedones	Dilated, enlarged and wide	Can be restored if skin cleaned of debris	Greasy and moist	Coarse and thick grained	Good	Overactive
Combination	Shiny in «T-zone», small and fine	Larger and prone to comedones in «T-zone», small and fine	Good to lacking dependent on area	Depending on area, varies from dry to greasy and moist	See dry and greasy skin types	Depends on area, from good to poor	Increased in «T-zone» reduced or normal in other areas

Fitzpatrick's classification of skin types

Skin type	Color	Reaction to Sun
I	Very white or freckled	Always burns
II	White	Usually burns
III	White to olive	Sometimes burns
IV	Brown	Rarely burns
V	Dark brown	Very rarely burns
VI	Black	Nerver burns

Groups	
I - Mild typically ages 28-35	<ul style="list-style-type: none">• Little wrinkling or acne scarring• No keratoses
II - Moderate ages 35-50	<ul style="list-style-type: none">• Early wrinkling; mild scarring• Sallow colour with early actinic keratoses
III - Advanced ages 50-65	<ul style="list-style-type: none">• Persistent wrinkling or moderate acne scarring• Discoloration with telangiectasias and actinic keratoses
IV - Severe ages 60-75	<ul style="list-style-type: none">• Wrinkling; photoaging, gravitational, and dynamic• Actinic keratoses with or without skin cancer

Patient expectations following a course of peels

Conditions

- Fine lines and wrinkles
- Hyperpigmentation
- Mild scars and acne scars
- Pore size
- Uneven/Rough texture
- Dull skin tone
- Acne prone skin

Observable changes

- Softening appearance
- Evening of skin tone
- Softening of scars
- Diminished pore size
- Increased smoothness
- Improved natural glow
- Control of symptoms
- Fewer blemishes