

## Skin Rejuvenation

Our skin revitalisation programme comprises a series of micro-injections to the area(s) of concern usually over 3 treatment sessions.

### About

**SFMedica** offers the most comprehensive range of skin care protocols and skin rejuvenation programmes.

Anti-ageing is not just about preventing or treating lines and wrinkles. Skin quality is of paramount importance. Therefore **SFMedica** is committed to researching and introducing to our clients the most effective treatments to restore good skin condition and a healthy looking skin.

In collaboration with *Q-Med* we have launched the skin revitalisation programme with *Restylane Vital* and *Restylane Vital Light*.

*Restylane Vital* and *Restylane Vital Light* are carefully formulated, less concentrated, hyaluronic acid gels specifically designed for use in more sensitive skin areas such as the crows feet lines, hands, neck and décolletage which have been, up until now, difficult to treat.

For deep hydration we also recommend the NEW *Juvederm HYDRATE* which has been clinically proven to effectively replenish depleted levels of hyaluronic acid – the most important hydrating agent in your skin – to restore a natural and healthy glow and improve hydration, tone and elasticity of the skin.

**Our skin rejuvenation programme is highly recommended for:**

- Sun damaged skin

- Dehydrated skin
- Aging and
- Crêpey skin

### Indications

Our skin rejuvenation programme with *Restylane Vital*, *Restylane Vital Light* or *Juvederm HYDRATE* is ideal for thin and delicate skin and is indicated for the treatment of the following areas:

- Peri-oral lines, e.g. upper lip
- Neck
- Décolletage
- Hands
- Peri-orbital area, e.g. crow's feet lines
- Mid-lower face
- Jaw line

The range of *Restylane Vital* promotes the production of healthy skin by balancing the nutritional environment of the skin at a cellular level by attracting and releasing water where needed.

It boosts skin elasticity leaving it looking smoother and feeling firmer and more toned. Skin vitality and lustre is restored and skin condition is improved.

## Treatment Explained

The programme comprises a series of micro-injections to the area(s) of concern usually over 3 treatment sessions. It is a quick and comfortable treatment with noticeable improvement in skin quality even after the first treatment session. The exact treatment regimen will be determined following assessment of your skin condition and discussion regarding your expectations.

Our rejuvenation programme can be used in conjunction with our Skin Care Protocols, Dermal Fillers, Mesotherapy, Chemical Peels and Wrinkle Relaxing Injections as a finishing treatment, or as a skin conditioning treatment in its own right for men and women who are serious about their skin health.

Please note that for optimal results a maintenance treatment session would be recommended every 6-12 months.

## Aftercare

Depending on the chosen treatment regimen for your skin problems your doctor will give you specific instructions regarding aftercare.

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Following the treatment, there may be some redness, swelling, bruising, tenderness and firmness around the injection sites.

Applying some ice pack right after treatment is highly recommended in order to minimise pain and swelling.

It is highly recommended to use the right Skin Care Protocol after your skin revitalisation programme for better results. At **SFMedica** we will guide you as to what is best for your skin needs.

Contact us today to arrange a free consultation with **Dr Sotirios Foutsizoglou** who will be happy to discuss the treatment with you, as well as answer any questions you may have.

## Table

Glogau's classification of the severity of wrinkles	
Groups	Classifications
I - Mild typically aged 28-35	<ul style="list-style-type: none"><li>• Little wrinkling or acne scarring</li><li>• No keratoses</li></ul>
II - Moderate typically aged 35-50	<ul style="list-style-type: none"><li>• Early wrinkling; mild scarring</li><li>• Sallow colour with early actinic keratoses</li></ul>
III - Advanced typically aged 50-65	<ul style="list-style-type: none"><li>• Persistent wrinkling or moderate acne scarring</li><li>• Discolouring with telangiectasias and actinic keratoses</li></ul>
IV - Severe typically aged 60-75	<ul style="list-style-type: none"><li>• Wrinkling; photoaging, gravitational, and dynamic</li><li>• Actinic keratoses with or without skin cancer</li></ul>