

Non-Surgical Face Lift

A non-surgical face and neck lift is a safe way to achieve long-lasting and natural-looking results with minimal downtime at a very reasonable cost.

About

Research shows that ageing is caused by intrinsic (*from within*) and extrinsic (*environmental*) factors.

Ageing is a continuous and irreversible process that begins in our mid-20's but its signs become visibly apparent much later manifesting as

- Fine lines and deep wrinkles
- Sagging skin
- Changes in skin elasticity, density and firmness
- Reduction of collagen, elastin and glycosaminoglycans
- Thin and transparent skin
- Loss of supportive soft tissue volume such as fat allowing gravity to take its toll
- Changes in underlying skeleton as bones shrink away
- Loss of facial contour and angles developing jowls
- Decreased fullness and flattening of the upper lip
- Deep nose to mouth (nasolabial) creases
- Downturning of the oral commissures resulting in a 'sad' look
- Neck lines and skin laxity giving rise to the appearance of a 'turkey neck' or 'double chin'

- Prominent platysma bands

The gold standard procedure to correct signs of facial ageing and restore a more youthful look has been a **facelift**, technically known as a **rhytidectomy**. However not everyone wants to achieve a younger looking face and neck through surgery, which can often leave tell tale signs or can be associated with more serious complications.

SFMedica experienced doctors can apply a combination of minimally invasive non-surgical procedures in order to restore lost volume, tighten the skin, eliminate fine lines, reduce deep creases, redefine facial angles and improve facial shape.

Indications

- Do you want a younger-looking face and neck but you are scared of surgery?
- Do you want a more refreshed look with minimal downtime?
- Do you want to correct signs of ageing such as the formation of fine lines and deep wrinkles in a safe and natural way?
- Do you want a neck lift, definition of the jawline, cheek and/or chin enhancement, and nose correction without surgery?
- Do you have a gaunt look or need restoration of lost volume and three-dimensional contour of the face?

- Do you want to look at your best?

If yes then you may be a suitable candidate for a non-surgical face and neck lift.

To find out more and discuss an individualized plan based on your needs and expectations why don't you book an appointment to see one of **SFMedica** specialist doctors today?

Treatment Explained

A **Non-Surgical Face Lift** (or *Fluid Face Lift*) is a combination of anti-ageing treatments and minimally invasive procedures such as non-permanent Dermal Fillers (e.g. Restylane, Juvederm), Sculptra, Muscle Relaxing Injections, Chemical Peels, fat transfer, Mesotherapy, etc. which can improve your facial appearance by restoring the three-dimensional contour of the face without the need for surgery.

During your first consultation we will be able to provide you with a personalised treatment regimen based on your needs and expectations.

For saggy skin **SFMedica** would also recommend **Ultherapy** which takes advantage of the intense focused ultrasound technology which can be used as non-invasive modality for significant and almost instant skin tightening and lifting with minimal downtime.

The **Ulthera** system combines visualization beneath the skin's surface with the delivery of focused acoustic energy, which is selectively absorbed, inducing a "wound healing" response stimulating fibroblasts to synthesize and lay down new collagen. This results in skin tightening and lifting making Ultherapy an ideal non-surgical rejuvenation treatment for sagging and lax skin.

One or two sessions may be required for optimal results and maintenance once a year is recommended to keep the skin tight and snug.

For more information regarding Ultherapy please read **Dr S. Foutsizoglou's** Ulthera Article available on the website.

Aftercare

A non-surgical face and neck lift is a safe way to achieve long-lasting and natural-looking results with minimal downtime at a very reasonable cost.

A fluid facelift can be very safe if performed by qualified and experienced medical practitioners who can combine science with art to give you the desired look. Our clients describe it as the best gift to themselves and are thrilled with the results.

A non-surgical Face and Neck Lift can take place in one session. Following the treatment, there may be some redness, swelling, bruising, tenderness and firmness around the injection sites.

Applying some ice pack right after treatment is highly recommended in order to minimise pain and swelling.

In some cases you may need a touch-up treatment after two or three weeks in order to optimize the results.

It is highly recommended to use the right Skin Care Protocol after your non-surgical face and neck lift procedure for superior results. At **SFMedica** we will guide you as to what is best for your skin needs.

Contact us today to arrange a free consultation with one of our specialist doctors who will be happy to discuss the treatment with you, as well as answer any questions you may have.