

Injection Lipolysis

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About

Injection lipolysis is a technique for removal of troublesome areas of fat and is an alternative to liposuction.

Treatment usually involves the administration of a substance called **phosphatidylcholine**, which has been proven in studies to cause splitting of fat cells leading to natural clearance of the fat via the normal system in the liver.

Phosphatidylcholine (also known as PPC) is a natural component of all cell membranes in both the plant and animal kingdoms. The PPC used for medicinal purposes is usually obtained (extracted) from soy beans and other sources such as egg yolk. The PPC used by the SFMedica doctors is derived from soy beans and comes in sterile ampoules for injection.

PPC can be injected into areas containing stubborn fat deposits on the thighs, buttock, stomach, back, upper arms and underneath the chin.

Localized fat reduction with **injection lipolysis** (i.e. phosphatidylcholine +/- deoxycholate) is *not* Mesotherapy. For more information please read **Dr Sotirios Foutsizoglou's** article on Mesotherapy, available on our website.

Indications

Injection Lipolysis is indicated for men and women with localised fat who do not wish to have surgery.

This procedure may be right for you if you prefer to avoid the surgical implications of liposuction or you have stubborn fat that is resistant to diet and exercise.

Book a free consultation today with **Dr S. Foutsizoglou** to discuss all treatment options and find out more about how **injection lipolysis** can help you get safely rid of the unsightly localized fat with minimal downtime.

All lipolysis treatments take place at the London Slimming and Cosmetic Centre.

Who should *not* have Injection Lipolysis?

- Women who are pregnant or breastfeeding.
- People under 20 years of age will require careful evaluation by the consulting physician.
- Anyone suffering from an auto-immune condition such as lupus.
- If you are on blood thinning medication you should inform your doctor as it may exacerbate bruising.
- Each individual patient will be advised regarding suitability for treatment.

Treatment Explained

Injection Lipolysis involves multiple injections using a very fine needle directly into the fat layers of the skin.

Each treatment takes about 10 to 15 minutes and is generally not painful. Repeat injection schedules vary depending upon the individual. However, treatment schedules usually involve two or three visits spaced a month or so apart. A small proportion of people may need more than three treatment courses in order to achieve a satisfactory result.

The treatment can be long lasting and the results clearly visible. When the desired effects are achieved, maintenance treatments may be periodically required.