

## Chin and Cheek enhancement

Chin augmentation can help balance the facial features.

### About

Aesthetically, the chin is a very important part of the face because it defines the jaw area and helps to balance the facial features.

If the chin is receding or set too far back, the face can look out of proportion and the nose may look too large in relation to the rest of the face from the side.

In both men and women the chin should ideally be more or less in line with the lower lip when viewed from the side. A chin augmentation or implant may be able to correct this.

### Indications

The surgeon will examine your face and will take photographs to show your chin from the side. This is the view that shows whether the chin needs augmentation or not.

The surgeon will also have a look at your bite to see whether you need to have your teeth corrected or whether you need to consider having the whole jaw moved forward. This may be recommended if you have a significant malocclusion where the upper teeth overlap the lower teeth by a large amount.

There are various different implant materials available, and these will be discussed with you at this point.

We prefer to use a hard silicone implant in most people, which can either be inserted just on the front of the chin bone or extend around the sides of the jaw as well. Usually the extended chin implant looks better because it gives a better overall shape to the jaw.

Contact us today to arrange a consultation with one of our specialist doctors who will be happy to discuss treatment further, as well as answer any questions you may have.

### Surgery explained

Chin augmentation can be completed under local anaesthetic but we prefer to use general anaesthetic as this is often more comfortable for the patient.

This is especially true if the chin is being done at the same time as another procedure, such as a rhinoplasty (nose job).

The chin augmentation procedure will involve a small cut or incision under the chin, so that the scar will be almost invisible. Your surgeon will complete the augmentation as discussed with you and in order to avoid displacement, the implant will be stitched to the lining on the top of the jaw bone.

The procedure takes about 1 to 1½ hours.

## Aftercare

You can go home on the same day. There is usually quite a lot of swelling, which takes about 1 to 2 weeks to reduce. Initially the swelling may make the chin look bigger than it will eventually be, so you do not have to worry that too large an implant has been inserted.

A pressure dressing - often a dressing that fits over the top of the head and under the chin, is applied.

The surgeon will see you 1 week after surgery to check the incision and to remove stitches if necessary.

You will be given antibiotics and painkillers for about 5 to 7 days.

The main complication that may arise with chin augmentation is infection. In some situations it may be necessary to remove the implant but this is rare. Another complication is that sometimes the sensation to the chin area is reduced due to numbness but this is usually temporary.

Generally clients are delighted with the outcome of chin augmentation, which can make a big difference to the face with a relatively small surgical procedure.

For non-surgical cheek and chin enhancement please see the relevant section of Dermal Fillers on our website.