

Cellulite

Cellulite affects the majority of the female adult population, regardless of age, colour and ethnicity; even those in seemingly outstanding physical condition.

About

Cellulite affects the vast majority of women, regardless of bodyweight. It appears as skin dimpling and lumpiness, most commonly seen on thighs, hips and buttocks.

Cellulite is thought to be caused by a combination of malfunction of the venolymphatic system and herniation of subcutaneous fat within fibrous connective tissue, leading to an orange peel-like appearance. This is usually followed by accumulation of toxins, loss of skin firmness and formation of lumps and nodules which can be very difficult to treat.

Potential causes of cellulite include:

- Genetic factors
- Diet
- Lifestyle (e.g. lack of exercise or stress)
- Hormonal factors (e.g. thyroid or oestrogens have been associated with development of cellulite)
- Changes in metabolic physiology
- Connective tissue disorders
- Chronic diseases (e.g. diabetes)

Treatment Explained

To date, there have been few medical treatments of note.

The first step to improve your cellulite is a well balanced diet, exercise and a lot of water.

Mesotherapy is a highly effective treatment for cellulite whereby your doctor, by using a combination of target specific microinjections, will be able to improve the venous and lymphatic flow and also break down the fat nodules.

Alternatively a series of Medical Microneedling treatments with a long needled roller (3.0mm) performed by medical professionals only and then a maintenance program at home can improve the micro-circulation and enhance lymphatic drainage to the affected skin areas. In addition, skin needling helps to thicken the skin by stimulating collagen and synthesis in the dermal layers whilst leaving the epidermis intact. The result - "orange peel" is less visible.

SFMedica will soon be able to offer the revolutionary **CelluTite™** which is a minimally invasive non-excisional cellulite treatment.

CelluTite provides a long-term solution to cellulite problems using the **BodyTite RFAL™** (Radio-Frequency Assisted Lipolysis) technology.

CelluTite has been designed to target the moderate and severe lumpy deposits of fat and fibrous connective tissue primarily found on the thighs and buttocks to flatten the pockets of cellulite and restore a smoother skin surface.